



RHINE Chiropractic & Rehabilitation Center

ProAdjuster Clinic

4684 Broadway, Allentown, PA 18104 • (610) 391-0858 • Fax (610) 391-0528

Confidential Patient Health Record

Date: ___/___/___

Personal History

Circle One: Divorced Married Single Separated Widowed Birth Date: ___/___/___ Age: ___
First: ___ Middle: ___ Last: ___ Gender: Male / Female
Address: ___ Apt # ___
City: ___ State: ___ Zip: ___ County: ___ Country: ___
Home Phone: (___) ___-___ Cell Phone: (___) ___-___
Social Security #: ___-___-___ Fax #: (___) ___-___
Driver's License #: ___ State: ___ Email Address: ___
Spouse's Name: ___
Ages of Children: ___

Employer

Business Name: ___ Occupation/Job Title: ___
Business Address: ___
Business Phone: (___) ___-___ Type of Work: ___

How did you hear about us? ___

Emergency Contact

Name: ___ Phone Number: (___) ___-___
Address: ___
Relationship: ___

Who Is Responsible For Your Bill?

[] Self [] Worker's Comp [] Auto Insurance [] Medicare [] Medicaid [] Other (be specific): ___
Personal Health Insurance Carrier: ___ Health ID Card #: ___
Insured Person's Name: ___ Group #: ___
Insured Person's Date of Birth: ___ Primary Care Physician: ___
Insured Person's Social Security #: ___-___-___ Pharmacy: ___

CURRENT HEALTH CONDITION

Chief complaint (Why you are here today): ___

Use the letters below to indicate the type and location of your sensations right now:
A=Ache B=Burning N=Numbness
P=Pins & Needles S=Stabbing O=Other

PLEASE LABEL ON THE DIAGRAM THE AREA OF DISCOMFORT

→ → → → → → →
When did this condition begin? ___/___/___

Has it ever occurred before? [] Yes [] No
When? ___

Is the condition: [] Auto Related [] Work Related
[] No Injury [] Other

Explain: ___

Date of Accident: ___

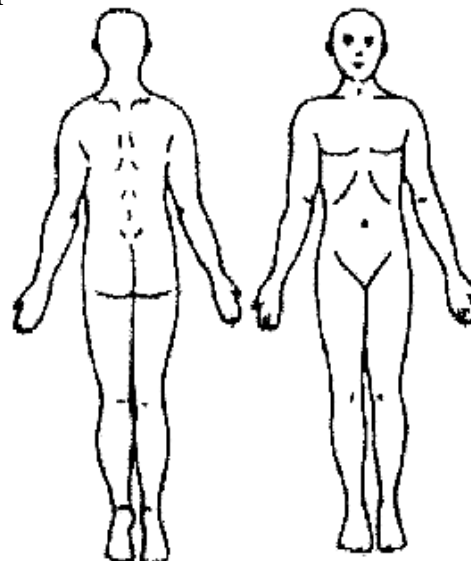
Time of Accident: ___

Complaint/Pain Onset Date: ___

If Work Related:

Have you filed an injury report with your employer? [] Yes [] No

Claim #: ___



Have you seen other doctors for this condition? Yes No If yes, Who?(Name) _____

Location of Office: _____ Type of Treatment: _____

Were you satisfied with the results of your treatment? Yes No Explain: _____

Are you currently taking any prescription medications? Yes No. If yes, please mark or list below (be specific).

Allergy Medication Anti-Depressants Blood Pressure Medication Insulin Muscle Relaxers
 Nerve Pills Pain Killers Other (please be specific): _____

Do you wear any of the following? Yes No. If yes, please mark: Heel Lifts Innersoles Arch Supports Orthotics

Please list any other conditions you feel we should know about – even if unrelated:

Below is a list of diseases that may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as the problems can affect your overall course of care.

REVIEW OF SYSTEMS – Please fill out all of the sections, even if “DENY”.

Constitutional: I... Deny Any Constitutional Issue (s)

Chills Daytime Somnolence (Drowsiness) Fatigue Fever Night Sweats
 Weight Gain Weight Loss

Eyes/Vision: I... Deny Any Eyes/Vision Issue (s)

Blindness Blurred Vision Cataracts Change in vision Double Vision
 Eye Pain Field Cuts (visual field defect) Glaucoma Itching (around the eyes) Photophobia
 Tearing Wears Glasses and/or Contact lenses

Ears, Nose and Throat: I... Deny Any Ears, Nose and Throat Issue (s)

Bleeding Dental Implants Dentures Difficulty Swallowing Discharge
 Dizziness Ear Drainage Ear Infection(s) Ear Pain Fainting
 Headaches Head Injury (history of) Hearing Loss Hoarseness Loss of Smell
 Nasal Congestion Nose bleeds (frequent) Post Nasal Drip Rhinorrhea (Runny nose) Sinus Infections
 Snoring Sore Throats (frequent) Tinnitus (Ringing in Ears) TMJ problems

Respiration: I... Deny Any Respiratory Issue (s)

Asthma Cough Coughing up blood Shortness of Breath Sputum Production
 Wheezing

Cardiovascular: I... Deny Any Cardiovascular Issue (s)

Angina (chest pain or discomfort) Chest Pain Claudication (leg pain or achiness) Heart Murmur
 Heart Problems Orthopnea (difficulty breathing while lying down) Palpitations (irregular or forceful beating of the heart)
 Paroxysmal Nocturnal Dyspnea (waking at night with shortness of breath) Shortness of Breath with Exertion or Exercise
 Swelling of Legs Ulcers Varicose Veins

Gastrointestinal: I... Deny Any Gastrointestinal Issue (s)

Abdominal Pain Belching Black, Tarry Stools Constipation Diarrhea
 Difficulty Swallowing Heartburn Hemorrhoids Indigestion Jaundice (yellowing of the skin)
 Nausea Rectal Bleeding Abnormal Stool Caliber (quality) Abnormal Stool Color
 Abnormal Stool Consistency Vomiting Vomiting Blood

Female: I... Deny Any Female Issue (s)

Birth Control Therapy Breast Lumps/Pain Burning Urination Cramps Frequent Urination
 Hormone Therapy Irregular Menstruation Urine Retention Vaginal Bleeding Vaginal Discharge

Male: I... Deny Any Male Issue (s)

Burning Urination Erectile Dysfunction Frequent Urination Hesitancy/Dribbling Prostate Problems
 Urine Retention

Endocrine: I... Deny Any Endocrine Issue (s)
 Cold Intolerance Diabetes Excessive Appetite Excessive Hunger Excessive Thirst
 Frequent Urination Goiter Hair Loss Heat Intolerance Unusual Hair Growth
 Voice Changes

Skin: I... Deny Any Skin Issue (s)
 Changes in Nail Texture Changes in Skin Color Hair Growth Hair Loss Hives Itching
 Paresthesia (numbness, prickling, or tingling) Rash History of Skin Disorders Skin Lesions/Ulcers
 Varicosities

Nervous System: I... Deny Any Nervous System Issue (s)
 Dizziness Facial Weakness Headaches Limb Weakness Loss of Consciousness
 Loss of Memory Numbness Seizures Sleep Disturbance Slurred Speech
 Stress Strokes Tremors Unsteadiness of Gait

Psychologic: I... Deny Any Psychologic Issue (s)
 Anhedonia (inability to experience joy or enjoy life) Anxiety Appetite Changes Behavioral Change(s)
 Bipolar Disorder Confusion Convulsions Depression Insomnia Memory Loss
 Mood Change(s)

Allergy: I... Deny Any Allergy Issue (s)
 Anaphylaxis (history of) Food Intolerance Itching Nasal Congestion Sneezing

Hematology: I... Deny Any Hematologic Issue (s)
 Anemia Bleeding Blood Clotting Blood Transfusion(s) Bruises easily Fatigue Lymph Node Swelling

PAST HEALTH HISTORY – Please fill out carefully as these problems can affect your overall course of care.

Childhood Illness: I... Deny Any Childhood Illness (es)
 ADD Allergies/Hayfever Asthma Atopic Dermatitis (Eczema) Bedwetting
 Cerebral Palsy Chicken Pox Depression Diabetes Ear Infections
 Fetal Drug Exposure Food Allergies Headaches Hepatitis HIV
 Measles Mumps Rash Scoliosis Seizure Disorder
 Sickle Cell Anemia Spina Bifida Other (please describe): _____

Adult Illness: I... Deny Any Adult Illness (es)
 Alzheimers Anemia Arthritis Asthma Cancer
 Chicken Pox Crohn's/Colitis CRPS (RSD) CVA (stroke) Cystic Kidney Disease
 Depression Diabetes (Insulin) Diabetes (Non insulin) Ear Infections (frequent) Emphysema
 Eye Problems Fibromyalgia Heart Disease Hepatitis HIV
 Hypertension Influenzal Pneumonia Liver Disease Lung Disease Lupus Erythema (discoïd)
 Lupus Erythema (systemic) Multiple Sclerosis Parkinson's Disease Pleurisy Pneumonia
 Psychiatric Problems Scoliosis Seizure Disorder Shingles STD's (unspecified)
 Suicide Attempt(s) Thyroid Problems Vertigo
 Past history of similar symptoms to your current condition Other Illness (please be specific): _____

Surgeries: I... Deny Any Surgery (ies)
 Angioplasty Appendectomy Caesarian Section Cardiac Catheterization Carpal Tunnel Repair
 Coronary Artery Bypass Cosmetic D & C Dental Surgery Gallbladder
 Hemorrhoidectomy Hernia Repair Hysterectomy Joint Reconstruction Joint Replacement
 Laminectomy Mastectomy Pacemaker Insertion Rotator Cuff Spinal Fusion
 Tonsilectomy Other (please be specific): _____

Ob/Gyn: I... Deny Any Ob/Gyn Issue (s)
I... have never been pregnant have been pregnant in the past am currently pregnant
____ Number of pregnancies _____ Number of complicated pregnancies _____ Number of uncomplicated pregnancies
____ Number of miscarriages _____ Number of terminated pregnancies _____ Number of Epidural Injections
____ Number of C-Sections _____ Number of vaginal deliveries

Menstrual History: Age of Onset _____ My menses is Regular Irregular; I am currently in
 Metaphase Menopause; Date of Last Menses ____/____/____

Injuries:

I... Deny Any Injury (ies)

- Back Injury
- Broken Bones
- Severe Fall
- Fracture
- Disability
- Head Injury
- Industrial Accident
- Joint Injury
- Severe Laceration
- Motor Vehicle Accident
- Mild/Moderate Soft Tissue Injury
- Severe Soft Tissue Injury

Immunizations:

I... Deny Any Immunization (s)

- DTaP(diphtheria, tetanus, and pertussis)
- Flu
- Hepatitis A
- Hepatitis
- Hepatitis C
- Influenza
- IPV (Polio)
- MMR (measles, mumps, and rubella)
- Pneumococcal
- PPD (Mantoux Test-TB)
- Small Pox
- TB
- Varivax (chicken pox)
- Whooping Cough (Pertussis)

Non-Drug Allergies:

I... Deny Any Non-Drug Allergy (ies)

- Animals
- Dairy
- Eggs
- Food Coloring
- Mold
- Pollen
- Wheat
- Other (please be specific): _____

Social History

Alcohol: Never Social Consumption only

- Beer
- Liquor
- Wine; _____ oz _____ glasses;
- Day
- Week
- Month

Diet (please mark all that apply): High Fat High Fiber High Protein High Salt
 Low Calorie Low Carb Low Fiber Low Salt Low Sugar

Education (please mark the highest level completed): Preschool Elementary Middle Junior High

Votech

In High School Did Not Finish High School High School Diploma Post High School Classes

Assoc/Technical Degree

In College College Degree In Graduate School Graduate Degree Doctorate

Other: _____

Drugs: Deny any illegal drug use Deny use of IV drugs Have not used drugs since _____

Have used drugs for _____

Tobacco: Deny Tobacco Use Do not smoke cigars, cigarettes or pipe Live with a smoker

Quit smoking

Smoke; # _____ per Day Week Month Chew; # _____ cans per Day Week Year

Patient's Signature: _____ Date: _____

QUADRUPLE VISUAL ANALOGUE SCALE

Patient Name: _____

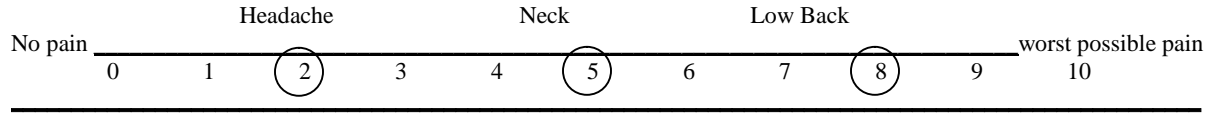
Date: _____

Please read carefully:

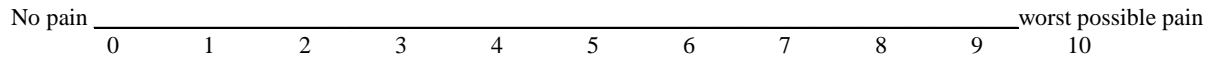
Instructions: Please circle the number that best describes the question being asked.

Note: If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, average pain, and the pain at its best and worst.

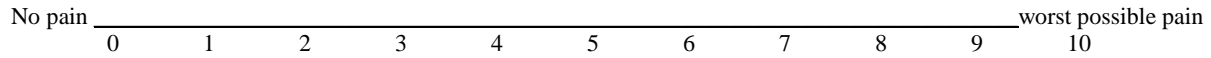
Example:



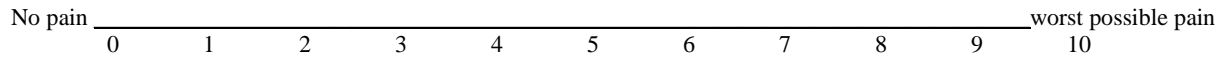
1 – What is your pain RIGHT NOW?



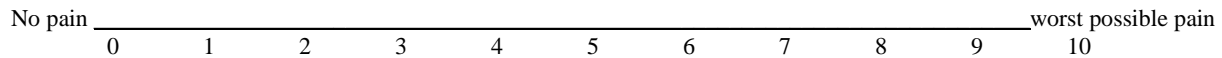
2 – What is your TYPICAL or AVERAGE pain?



3 – What is your pain level AT ITS BEST (How close to “0” does your pain get at its best)?



4 – What is your pain level AT ITS WORST (How close to “10” does your pain get at its worst)?



Other Comments:

ACTIVITIES OF DAILY LIVING

Patient Name: _____ Date: _____ Dr: _____

Employment:

Occupation: _____ Description of Work: _____ Work: _____ hrs /day or week

Job Classification: Sedentary (<5lbs) Light (5-20lbs) Moderate (20-50lbs) Heavy (>50 lbs)

Lifting Frequency: Constant (67-100%/day) Frequent (33-66%/day) Occasional (0-32%/day)

Lifting Postures: from Torso from Knee with Arms High Near Off Posture

Work Activity Postures: (hrs/day)

bending: _____ h/d climbing: _____ h/d kneeling: _____ h/d pulling: _____ h/d pushing: _____ h/d
 reaching: _____ h/d sitting: _____ h/d standing: _____ h/d twisting: _____ h/d walking: _____ h/d

Repetitive Activities: (hrs/day)

computer use/typing: _____ h/d phone use: _____ h/d operation of machinery controls: _____ h/d
 hand tool use: _____ h/d assembly/fine manipulation: _____ h/d grasping: _____ h/d

Condition's Effect On Job Performance:

Mild Painful (can do) Mod Painful (limits ability) Mod/Sev (limited duty) Sev (unable to perform) Sev (can't do limited duty)

Daily Activities: Effects of Current Condition on Performance

Bending: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Care –Infirm Family: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Carrying Groceries: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Change Posn–Sit–Stand: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Climb Stairs: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Driving: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Extended Computer Use: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Feeding: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Household Chores: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Kneeling: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Lift Children: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Lifting: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Pet Care: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Reading (Concentration): No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Self Care–Bathing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Self Care–Dressing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Self Care–Shaving: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Sexual Activities: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Sleep: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Static Sitting: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Static Standing: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Walking: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform
Yard Work: No Effect Mild Painful (Can do) Mod Painful (Limited) Sev Unable to Perform

Recreational Activity: Effects of Current Condition on Performance

_____ No Effect Mild Painful (Can do) Mod Painful (limited) Sev Unable to Perform

_____ No Effect Mild Painful (Can do) Mod Painful (limited) Sev Unable to Perform

_____ No Effect Mild Painful (Can do) Mod Painful (limited) Sev Unable to Perform

Revised 06/2011

LETTER OF NO ACCIDENT OR WORK INJURY

Print Name

____/____/_____
Date

This is to document that I was not involved in any auto or work related injury for this diagnostic test and / or treatment.

Please note the following:

_____ I state that I was not involved in any auto accident or personal injury caused by any other party. I further state that my diagnostic test and/or treatment is not the result of an injury while on the job or by any other person related to my employment.

Please process my claim with no delay.

Sincerely,

Signature

CONSENT TO USE AND DISCLOSE YOUR HEALTH INFORMATION

This form is an agreement between you, _____ and Rhine Chiropractic Center.
Print Name

When we examine, diagnose, treat, or refer you we will be collecting what the law calls Protected Health Information (PHI) about you. We need to use this information here to decide on what treatment is best for you and to provide treatment to you. We may also share this information with others who provide treatment to you or need it to arrange payment or for other business or government functions.

By signing this form you are agreeing to let us use your information here and send it to others. The Notice of Privacy Practices explains in more detail your rights and how we can use and share your information. Please read the NPP before you sign this Consent form.

If you do not sign this consent form agreeing to what is in our Notice of Privacy Practices, you cannot be treated at Rhine Chiropractic Center.

In the future we may change how we use and share your information and so may change our Notice of Privacy Practices. If we do change it, you can get a copy by calling our Privacy Officer at (610) 391-0858.

If you are concerned about some of your information, you have the right to ask us to not use or share some of your information for treatment, payment or administrative purposes. You will have to tell us what you want in writing. Although we will try to respect your wishes, we are not required to agree to these limitations. However, if we do agree, we promise to comply with your wish.

After you have signed this consent, you have the right to revoke it (in writing), and we will comply with your wishes about using or sharing your information from that time on, but we may already have used or shared some of your information and cannot change that.

_____/_____/_____
Signature Date

Name (please print) If a minor - Relationship

CONTACT INFORMATION

I give permission for you to provide information to me by all of the following where initialed:

____ On my home telephone voice mail. ____ On my cell phone voice mail.

____ To leave information with: _____ / _____
Name Relationship

____ Via Postal Mail ____ E-Mail _____
E-Mail Address

____ No messages left either on an answering machine or with any other individual but myself.

**Certified: Pro-Adjuster • Active Release Technique ~ Member of PA Chiropractic Association
Auto & Work Injuries • Sports Injuries • Family Care • Wellness**

TREATMENT WAIVER

I understand that my insurance carrier, _____,
(Name of Insurance Carrier)
may deem my care to be medically unnecessary, maintenance care or
not included in my Chiropractic benefit and will, therefore, deny
payment. Rhine Chiropractic Center shall do everything necessary to
submit to my insurance carrier.

I further understand that the services rendered by Rhine Chiropractic
Center are my financial responsibility and I will be liable for all
services rendered.

Print Name

____/____/_____
Date

Signature

Definitions of Procedures Performed in Our Office

Adjustment:

This is when Dr. Rhine is specifically adjusting the spinal column, either by hand or by the ProAdjuster.

MFR (Myofascial Release):

Soft tissue application to reduce muscle restriction and tightness. This is done at the time of adjustment by Dr. Rhine while on the ProAdjuster chair. Dr. Rhine will take you through the various ranges of motion and place the ProAdjuster directly on muscle groups. This is a separate and distinct procedure done to facilitate your healing process. The percussion instrument can also be utilized for this procedure.

EMS (Electrical Muscle Stimulation):

This is used to ease muscle spasms, tightness and restriction. The therapist will place round pads on affected areas of pain or spasm.

Decompression Therapy:

Decompression Therapy is a traction-based procedure that can relieve pain associated with disc herniation, degenerative discs, posterior facet and compression-related syndromes. It also enhances the healing process and renders quick, effective pain relief.

Laser Therapy:

Low intensity cold laser beam used to reduce pain, inflammation and swelling to promote healing at a cellular level.

Insurance

Please be aware that your insurance policy may only cover the spinal adjustment and not the therapies. In the beginning of your care, additional therapies are necessary to advance the healing and relief you seek. As a result, an additional cost may be incurred. If you do not want to receive these services, please make that clear to Dr. Rhine.

By signing below, I acknowledge and understand the above statement.

Patient Name

Please Print

Signature

Signature

Date

ASSIGNMENT OF BENEFITS

AUTHORIZATION, ASSIGNMENT, ACKNOWLEDGMENT AND UNDERSTANDING

AUTHORIZATION TO RELEASE INFORMATION: You are authorized to release any information you deem appropriate concerning my physical condition to any insurance company, attorney or adjuster in order to process any claim for reimbursement of charges incurred by me as a result of professional services rendered by you (Larry K. Rhine, D.C. and whomever he may designate as his associates and assistants) and hereby release you of any consequence thereof.

ASSIGNMENT OF PAYMENT: My attorney and/or insurance company are hereby requested to pay directly to Larry K. Rhine, D.C., and monies due him on account, the same to be deducted from any settlement made on my behalf. Further, it is understood that I, the undersigned, agree to pay the full amount of the charges, should my condition be such that it is not covered by my policy or if for any reason the insurance company and/or attorney refuses to pay my claim.

MEDICARE ASSIGNMENT: I authorize any holder of medical or other information about me to release to the Social Security Administration and Health Care Financing Administration or its intermediaries or carriers any information needed for this or a related Medicare claim. I permit a copy of this authorization to be used in place of the original and request payment of medical insurance benefits either to myself or to the party who accepts assignment below.

CONSENT TO CARE FOR A MINOR: I hereby authorized Rhine Chiropractic Center to administer care as deemed necessary to: _____

Print Minor's Name

I hereby acknowledge that I am receiving (or about to receive) health care services at Rhine Chiropractic Center and that I have been advised that Rhine Chiropractic Center is willing to wait for payment for these services provided that there continues to be a reasonable chance that payment will be made either by the insurance proceeds or out of the settlement of a liability case.

I understand that if it is determined either:

- a) That there is no insurance company obligated to pay for the services, or if the insurance company involved refuses to acknowledge an assignment to Larry K. Rhine, D.C. or to make other provisions for the protection of the interest of Larry K. Rhine, D.C. , or
- b) If a liability claim exists and attorney refuses to agree to protect the interest of Larry K. Rhine, D.C., or
- c) If I have not engaged the services of an attorney,

then payment of services at Rhine Chiropractic Center will be made on a current basis and my bill paid in full as soon as my liability claim is settled or the passage of three months from my last treatment, whichever occurs first.

Print Name

____/____/_____
Date

Signature

Patient Authorization Regarding Chiropractic Care being provided in an
“Open Adjusting” Environment.

It is the practice of this office to provide chiropractic care in an “open adjusting” environment. “Open adjusting” involves several patients being seen in the same adjusting room at the same time. Patients are within sight of one another and some ongoing routine details of care are discussed within earshot of other patients and staff. This environment is used for ongoing care and is NOT the environment used for taking patient histories, performing examinations or presenting reports of findings. These procedures are completed in a private, confidential setting.

We are requesting this authorization of you due to various interpretations under federal law with respect to what is known as “incidental disclosures” of health information. It is our view that the kinds of matters related in an “open adjusting” environment are incidental matters, in the event you or someone else would not agree with us we are providing this disclosure.

The use of this format is intended to make your experience with our office more efficient and productive as well as to enhance your access to quality health care and health information. If you choose not to be adjusted in an open-adjusting environment other arrangements will be made for you. Your decision will have no adverse effect on your care from Rhine Chiropractic Center or on your relationship with our staff.

Your signature indicates your authorization for open adjusting. If signing for a minor, please state your relationship to the patient (parent or guardian).

PATIENT NAME _____ DATE: ___/___/_____
(PLEASE PRINT)

PATIENT SIGNATURE _____

IF A MINOR, PARENT / GUARDIAN SIGNATURE

RELATIONSHIP TO PATIENT _____

This authorization is effective as of the date of signing above and will be valid for a period of 24 months. You may revoke this authorization at any time. Revocation may be accomplished by advising us in writing of your desire to withdraw your authorization. Please allow a reasonable processing time for the change in our procedures to be completed.